

Scottish Athletics Limited
Road Running and Cross Country Commission
Minutes of Meeting of Wednesday 4th December 2013 held at 6.30 p.m.
in SAL Offices, Caledonia House, South Gyle, Edinburgh

Present: Ron Morrison, (Convener); Alex Jackson, (Secretary); Clare Barr; Stewart Caithness; Dave Cairns; Marjory Cook; Tom Ferrington; Ian Hislop; Nigel Holl; Mike Johnston and Graham Sword.

Apologies: Alan Potts; Leslie Roy; Julia Henderson; Margaret Daly and Sophie Dunnett (due to technical problems)

1. Chairman's Welcome and Opening Remarks

1.1 Ron welcomed everyone to the meeting and extended a particular welcome to Stewart Caithness the new SAL Events Manager who was attending his first meeting of the Commission.
1.2 Ron confirmed that the meeting would continue the practice of only discussing those agenda items which had been starred and invited any additional items to be starred that had been identified by Commission members.

2. Minutes of previous meeting of 18th September 2013

2.1 The minutes of the meeting held on 18th September were noted and approved.
2.2 Congratulations were noted to the following:

- Patryk Gierjatowicz (Edinburgh University H&H) and Megan Crawford (Fife AC) for their wins in the Men's and Women's marathon Road Race Championships respectively on 29/9/2013.
- Edinburgh AC and Fife AC for their wins in the Men's and Women's marathon Road Race Team Championships respectively on 29/9/2013.
- Dermot Cummings (Corstorphine AAC) and Jennifer Emsley (Central AC) for winning the Men's and Women's SAL Road Running Grand Prix 2013 respectively.
- Central AC for winning both the Men's and Women's SAL Cross Country Relays on 26/10/2013.
- Alastair Hay (Central AC) and Laura Muir (Dundee Hawkhill H) or their wins in the Men's and Women's SAL 4K Cross Country Individual Championships respectively on 10/11/2012.
- Central AC and Fife AC for their wins in the Men's and Women's SAL 4K Cross Country Team Championships respectively on 10/11/2012.
- Central AC for winning both the Men's and Women's SAL Cross Country Team Challenge (Short Course) in 2013.
- Alastair Hay (Central AC) 27th, Callum Hawkins (Kilbarchan) 3rd, Tewolde Mengisteab (Shuttleston H) 8th and Josh Lilly (Ronhill Cambuslang) 2nd for representing Scotland and winning the Inter-Regional team race at the Leeds Abbey Dash 10k road race on 18/11/2013.
- Beth Potter (VP-Glasgow AC) 4th, Sarah Benson (Ronhill Cambuslang) 6th, Elspeth Curran (Kilbarchan AC) 7th and Fiona Thompson Central (AC) 5th for representing Scotland and winning the Inter-Regional team race at the Leeds Abbey Dash 10k road race on 18/11/2013.

3. Actions cleared

Action	Reason for Clearance
Action: RRCC2012-48: RM/NH – Foreign Athletes living in Scotland	The current situation is resolved
Action: RRCC2013-5: AJ/RC – All venues to be confirmed and booked by next meeting	Done
Action: RRCC2013-12: CB – District U20 XC request from East Kilbride AAC	Rejected on 18/9/2013
Action: RRCC2013-15: MD/RM/AJ and Action: RRCC2013-25: AJ/GS – Master's starting age group	We are not promoting a O35 Championship and will start at 40 for all RR&CC SAL Championships
Action: RRCC2013-23: All – Comments were invited on the paper produced on the	Resolved and reviewed

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endurance programme	
Action: RRCC2013-24: AJ – Women's team numbers in the National	Status Quo
Action: RRCC2013-26: MJ/GS – RR&CC budget	Accepted
Action: RRCC2013-19: RM – Trail Running age* championships	U20 at 10K, U17 at 5K
Action: RRCC2013-20: RM/AJ/MP/MJ – Road Running Review	Paper with Agenda accepted
Action: RRCC2013-21: RM/AJ/MP/MJ – RR Grand Prix structure	Paper with Agenda accepted

3.1 Actions outstanding

Action	Status
Action: RRCC2012-31: RM/NH/AJ – Entries, Programmes and Results	Ongoing with improvements – Short Course Championships Chipping
Action: RRCC 2012-37: NH/MJ – International RR Budget	To do
Action: RRCC2013-2: GS/AP – Trophy Archive and photographs*	Nearing completion
Action: RRCC2013-6: RM/AJ/MP – Competition Calendar and Yearbook*	Ongoing
Action: RRCC2013-13: RM/AJ – Identifying new Championship Venues	Ongoing
Action: RRCC2013-14: RM/AJ/MJ/MP – Effectiveness of race programme for elite athletes	Not done
Action: RRCC2013-17: MP – 2014-5 Winter Programme Details	On Agenda for this meeting
Action: RRCC2013-27: MC/DC – Officials and Officials Training•	On Agenda for this meeting

4. Championships

4.1 Alex provided an update on arrangements with Championship events as follows:-

- Short Course Championships – The new format for the age group races had worked well. Chip time had been used.
- Inter-District Championships – Nova have produced a new improved timetable. It was circulated.
- Masters Championship – The Hawick course is new.
- National Relays – Various formats for the YA National Relays were proposed but none were agreed on.

Action: RRCC2013-29: MJ/MP/RM/AJ/TF

5. Officials and Officials Training

5.1 The support available for endurance officials was discussed in the context of current arrangements in place. As these were largely relevant for track and field competition, it was agreed a small sub-committee consisting of Marjory and Dave would consider how this could be improved with a view to proposals being brought to the next Commission meeting.

Action: RRCC2013-27: MC/DC

Dave has arranged for a Level 2 course to be held at Craigswood Livingston on 25th Jan. It is hoped that quite a number of interested people will attend. The office will advertise this on the web page.

Action: RRCC2013-28: MC/DC

6. Date of Next Meeting

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6.1 Wednesday 19th February 2014 at 6.30 p.m. in Scottish Athletics' Offices, South Gyle, Edinburgh.

The meeting closed at 7.45 p.m.